

1. CHOOSE ONE:



Bowl



Wheat Wrap



Salad

2. CHOOSE YOUR GREENS

Arugula 1cal

Chopped Romaine 2cal

Spring Mix 3cal

Baby Kale 1cal

Power Blend 7cal

3. CHOOSE YOUR TOPPINGS:

Cherry Tomatoes 4cal

Crumbled Bacon 51cal

Shredded Carrots 4cal

CROUTONS 121cal

Hummus 65cal

Crispy Onion Straws 45cal

Shredded Cheddar 38cal

Shredded Parmesan 42cal

Feta 2cal

Chili Roasted

Pumpkin Seeds 82cal

Black Beans 66cal

Oven Roasted Broccoli 31cal

Roasted Turmeric 33cal

Cauliflower 42cal

Crispy Chickpeas 77cal

Oven Roasted Corn 56cal

English Cucumbers 4cal

Edamame 55cal

Roasted Sweet Potatoes 29cal

Pickled Red Onion 45cal

Shredded Beets 10cal

Hot Pickled Peppers 7cal

4. CHOOSE YOUR DRESSING

Caesar 225cal

Ranch 192cal

Balsamic Pesto 99cal

Lemon Vinaigrette 184cal

Smokey Chipotle Vinaigrette 156cal

5. CHOOSE YOUR PROTEIN:

Lemon Baked Garlic Chicken 182cal

Grilled Salmon 173cal

Falafel 395cal

Garlic Baked Shrimp 80cal

Crispy Tofu 123cal

Hard Boiled Egg 78cal



\$10

— The —
PERFORMANCE EATERY
FLAVOR FORWARD PERFORMANCE MEALS